Bellefaire JCB



Stabilization Critical Care Unit (SCCU)

An Alternative to Psychiatric Hospitalization

Bellefaire JCB's Stabilization Critical Care Unit (SCCU) offers at-risk youth ages 8 through 17 an alternative to psychiatric hospitalization for brief periods of stabilization, assessment and intervention. It functions as the behavioral health critical care and comprehensive diagnostic assessment unit in Bellefaire's array of services, accommodating youth for brief, needs-driven, flexible stays ranging from 24 hours to 30 -60 days. The SCCU is an intensive program that is specifically designed to divert children and youth from psychiatric hospitalization. It's unique setting incorporates comprehensive individual, group and family systems work in preparation for stepping-down to a less restrictive level of care.

The four-bed, licensed mental health unit provides a safe, highly supervised and supportive environment that facilitates intensive, individualized and short-term therapeutic services.

To speak with an Admissions Specialist, please call 216.320.8502 or 800.879.2522, or you can email an inquiry to admissions@bellefairejcb.org.

PROGRAM HIGHLIGHTS

- 24/7 emergency service for mental health, behavioral and substance abuse needs
- Specialized areas include:
  - LGBTQ population
  - Developmental disabilities with co-occurring psychiatric disorder
  - Human trafficking
  - Autism Spectrum Disorder
- Minimum of 1:2 staff-to-client ratio
- Individualized educational supports/tutoring

ASSESSMENT

To enable us to treat the most vulnerable at-risk youth, we provide clinical services using Dialectical Behavioral Therapy (DBT) as our evidence-based treatment model.

Assessments include:

- Diagnostic and psychiatric
- Alcohol, tobacco and other drugs
- Existing medication
- Risk
- Skills, including personal and social, functional living, and basic language and learning (for those with Autism Spectrum Disorder

SERVICES

- Linkages and referrals to internal and
- community resources, including in-home and outpatient therapy
- Individualized treatment plans at discharge, which may include:
  - Proactive and reactive behavior techniques and interventions
  - Recommendations on roles family members can play
  - Suggestions on reintegrating back to school

OUR TEAM

Services are provided by a multidisciplinary team which includes:

- Advanced-degreed mental health and dually trained clinicians
- Board certified Child and Adolescent Psychiatrists
- Registered Nurses and LPNs
- Licensed social workers and counselors
- Board-certified behavior analysts
- Nursing, dental and pediatric care on campus

SAFE, POSITIVE ENVIRONMENT

The SCCU is within a secure, locked facility in Bellefaire's Intensive Treatment complex and maintains a 1:2 staff-to-client ratio that supports intensive intervention, as well as managing safety and supervision needs of children in crisis or exhibiting conditions that might require hospitalization.

- Access to Bellefaire's psychiatric and nursing staff
- Goal of less restrictive levels of care as clients improve

TREATMENT PHILOSOPHY

Bellefaire JCB's Residential Treatment services offer a multi-level continuum of care. All of our residential programs stress a multidisciplinary approach to address the complex needs of each individual — building upon their strengths as they work toward recovery. Therapeutic interventions draw upon the core principles of Dialectical Behavioral Therapy (DBT). Bellefaire considers the client, guardians, caregivers and placing entity as members of the treatment team. Family and caretaker participation, including visitation, family therapy and a weekly DBT-A group, is considered a fundamental strength of our programming and critical to the child's successful discharge. Services in all units include individual and group therapy, partial hospitalization, psychological and psychiatric evaluation, medication management, and chemical dependency assessment and treatment. Nursing and routine medical care are provided on our grounds.

REFERRALS

Referrals for placement are made by a variety of sources from across the nation, including parents and/or legal guardians, physicians, public child welfare agencies, community support teams, juvenile court systems and schools.

Our Commitment to Quality Care

- A campus response team with experienced staff offers immediate support to all residential units.
- Staff is trained in Therapeutic Crisis Intervention, focusing on least restrictive approaches.
- Our supervisor to childcare worker ratio is 1:4. The ratio of childcare worker-to-client is 1:2 in the SCCU.
- Residential milieu hold at least an Associate's Degree or high school diploma with experience in the field.
- Onsite staff includes board-certified psychiatrists and advance-degreed residential supervisors and clinicians.
- A supervisor, nurse and psychiatrist are on call 24 hours a day for emergencies.
- Clients have access to medical care from 7am - 9pm for medication administration, monitoring of side effects, and medical education.
- Clients have access to on-site pediatric and dental care through partnerships with local providers.

Bellefaire JCB

One Pollock Circle | 22001 Fairmount Boulevard | Shaker Heights, Ohio 44118
p 216.932.2800 | 800.879.2522 | f 216.932.6704 | www.bellefairejcb.org